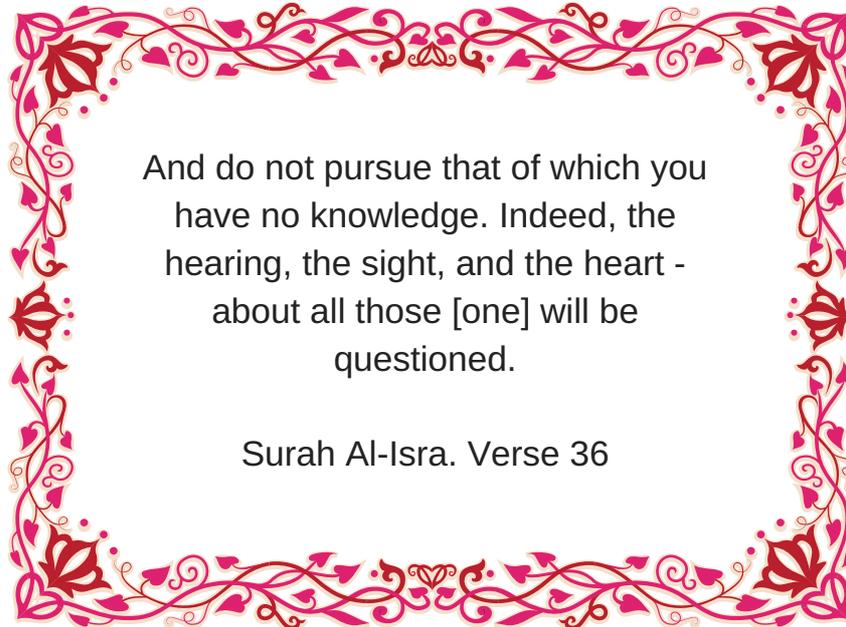


Then He proportioned him and  
breathed into him from His [created]  
soul and made for you hearing and  
vision and hearts; little are you  
grateful.

Surah As-Sajdah- Verse 9

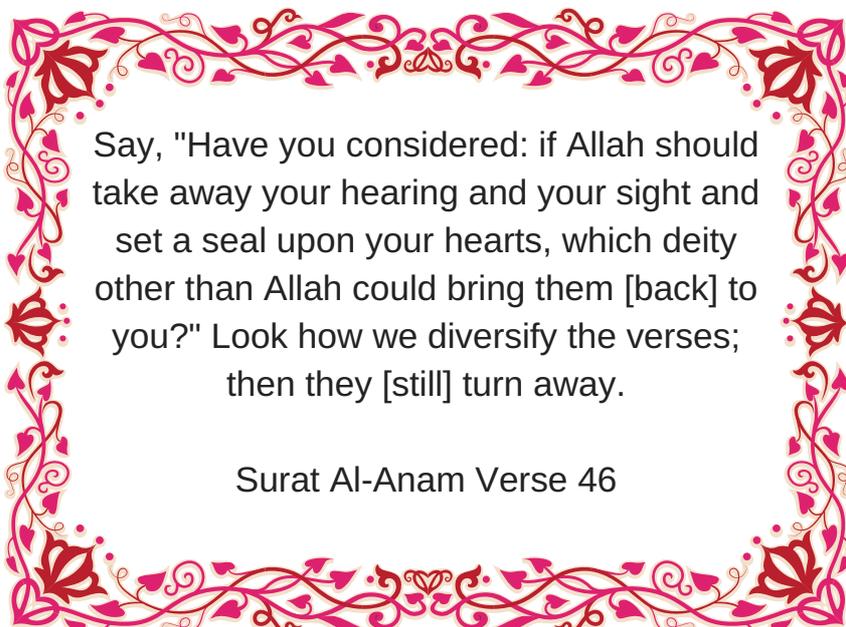
When Allah made us from special  
clay, He breathed a soul into us.  
He gave us ears to hear, eyes to  
see and gave us hearts that feels  
and keeps us alive. **How many  
times do we Thank Him for our  
senses?**



And do not pursue that of which you  
have no knowledge. Indeed, the  
hearing, the sight, and the heart -  
about all those [one] will be  
questioned.

Surah Al-Isra. Verse 36

Allah again mentions the hearing, sight  
and heart in the Quran but this time He  
says, we will be asked about how we  
used them. Do we listen to good things  
or bad things? Do we look at good  
things or things that are bad for  
us. Lying, cheating, hurting others and  
hurting your body are all things that  
harm your heart. **We will be questioned  
about how we use these gifts from  
Allah.**



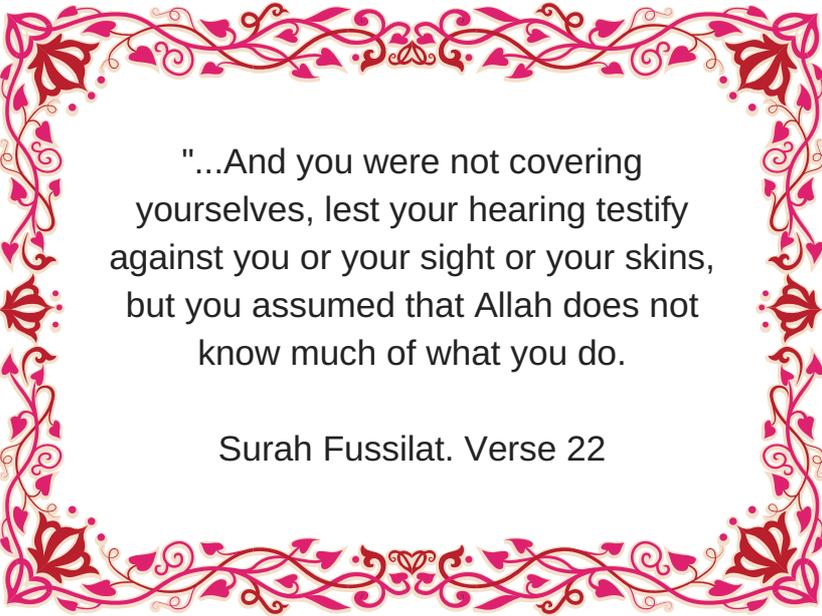
Say, "Have you considered: if Allah should  
take away your hearing and your sight and  
set a seal upon your hearts, which deity  
other than Allah could bring them [back] to  
you?" Look how we diversify the verses;  
then they [still] turn away.

Surat Al-Anam Verse 46

Put a blindfold on. What happens?  
Can you walk around safely without  
falling?

Plug your ears and try to talk to  
somebody, can you understand them?  
If we lose our senses, things become  
difficult for us. Allah tells you  
throughout the Quran in different ways  
about the importance of your senses.

**Say Alhamdulillah everyday.**



"...And you were not covering yourselves, lest your hearing testify against you or your sight or your skins, but you assumed that Allah does not know much of what you do.

Surah Fussilat. Verse 22

On the Day of Judgement, our ears, eyes, and skins will speak and tell Allah if we used them for good or bad. We think we can hide it from Allah but one day He will know everything about us.

**We must Protect our senses and always make sure we use them to do good things.**



Allah has created every [living] creature from water. And of them are those that move on their bellies, and of them are those that walk on two legs, and of them are those that walk on four. Allah creates what He wills. Indeed, Allah is over all things competent.

Surah An-Nur. Verse 45

Allah tells us about some of the different ways he created movement in all the creatures.

He gave two legs to the Humans. What happens if we can't use our legs? Can we go to the Masjid? Can we go to school ? Can we run and play with our friends? Can we play sports? Our body is a blessing from Allah and we must take care of it

**SubhanAllah !**



Yes. [We are] Able [even] to proportion his fingertips.

Surah Al- Qiyamah.  
Verse 4

Ask someone to tie your hands, what are the things you can't do anymore? Almost everything ! If our thumb was longer and our fingers shorter would we be able to use it properly? Can we hold a pencil properly? The hands and fingers are another blessing of Allah that we must Thank Him for.